



Expressions



NOT FOR PROFIT ORGANISATION REGD. UNDER SOCIETIES ACT (GOVT. OF TAMILNADU) - INDIA

Dear Sponsors and All Friends of DKSHA Cornerstone, India

I am so happy to pen these few lines before welcoming you all to read our "EXPRESSIONS" Quarterly Newsletter of DKSHA Cornerstone - Volume No38.

Our motto is "Let your light shine" and the way DKSHA Cornerstone Society enables this is to always take actions which will be useful to the community.

We have been successfully working for the past 32+ years for the wellbeing and positive development of the needy children, their siblings and for their parents/legal guardians living in rural, remote village communities by promoting self-sustainability through the many programs of support we offer.

The photos on the front page of our Quarterly Newsletter were taken on 29th June 2025 when DKSHA Cornerstone conducted a quarterly review meeting for our children and their families.

This was an important meeting as we were honoured to welcome Dr Randeep as our speaker. Dr Randeep is a clinical psychologist, a motivational speaker and a counsellor, with over 20 years' experience in his field.

We were pleased to see many of the families in our care (roughly 50%) present and we hope his words brought inspiration to all.

Dr Randeep highlighted the importance of looking after one's mental health through counselling and how this can influence one's entire life. He was kind enough to share with the audience stories of his own struggles in life, of the difficult childhood he had and how through hard work and determination he has grown to be a person who can contribute back into society and help the needy.

His wise words are useful for all of us, so please take a moment to read them:

Steps to become active and achieve goals:

- Sleep at least 8 hours every night.
- Be consistent with your daily routine: attend school or work and minimize absences.
- Set yourself some goals and ask people close to you to encourage you and help you achieve them.
- Take responsibility for your goals and work to achieve them.
- Stay away from illegal substances; they damage you.
- If a person close to you is using illegal substances, help and support them to change their habits.
- Try to practice presence of mind – this means focusing on the task you are doing and doing it to the best of your ability.

How to foster a positive growing environment:

- Try to focus on the positive. When there is negativity, work together in a positive manner to change it.
- Show your love to those you love.
- Try to see the whole picture of a situation; sometimes things cannot happen because of circumstances (financial/personal).
- Be positive when correcting mistakes. Love, support and guide. Lead by example.

I take this opportunity to thank you all for the contributions you have made to our DKSHA Cornerstone over the years. They have been invaluable to us to help and support many deserving needy children and their families, in this part of our State Tamil Nadu, in our country India.

Always yours Sincerely in the Cause of the Needy,
Mr. Isaac Arulappan

Dr. Randeep, MHRP giving general counselling and guidance to DKSHA children and their families



Cornerstone Activities

Dr. Randeep Visit



Isaac Founder - Director of DKSHA welcoming the Parents and children for the Quartly Review Meeting



DKSHA children under Kinship care with their grandmother share about their life in Family



DKSHA Family - Based Alternate Care Children giving a gift to Isaac

AWARENESS PROGRAMS



3 Children play a game after the Awareness Program



Conducted a LSE session in Malayadipatti focusing on Cyber Security Awareness



Community Volunteer Ms. Josephin conducted a Decision-Making Life Skills Education (LSE) session for the Bommampatty Childrens



MEGA EYE SCREENING CAMP

DKSHA Cornerstone and Sparking Lives USA in collaboration with Madurai Aravind Eye Care Hospital on 17th May 2025 organized this Camp in a Rented Hall at Vaiyampatti. Total Patients screened by Doctors 216: 102 patients admitted for cataract surgery and received eyesight getting IOL fixed at Aravind Eye Hospital at Madurai. 22 persons received eye glasses and 15 patients diagnosed with speciality problems.



All patients selected for Cataract Surgery are having Lunch



Patients in Bus to Aravind Hospital to have Surgery



DKSHA Team with Guests from Police Station inaugurated the Eye Screening Camp. Two Doctors started Checking



Pressure in Eye Checking in Progress



Patients at the Registration Desk

Our Staff Visiting Children and Families



Ms. Shanthi Program Officer After Visit with Child Kaleeshwari and her Father



Ms. Shanthi after visiting Child Suruthikaat at her workplace at Coimbatore Working



DKSHA Staff Ms. Shanthi after visiting Child Sarathy and Sathish and their Mother living in South Hills Dindigul



Case Worker Nagomi Visited Child V. Edwin Sagar and his Mother at Karur



Staff Ms. Saron visited Child P. Praveen family at Thanjavur



Our F-BAC Child Daisy with her Mother in her house at Notchimedu village



Other Activities



DKSHA Case Worker Ms. Nagomi conducting a Session for Parents and Guardians on - Handling Children with Positive Approaches



DKSHA Staff Ms. Saron Elizabeth participating with Government Social Worker in Tamil Nadu Chief Minister's special Initiative camp an inclusive, integrated and convenient public grievance redressal for the people.



On 23rd June 25 DKSHA opened a special Evening Coaching School for the children from economically poor families to learn their lessons well, do home assignments etc. 2 Centres Inaugurated under the guidance of volunteering Teachers.



Young Boys and Girls at Malaiyadipatty Village attending a Seminar on "Your Mind Your Power"



The Karattupatty Children's Collective members were excited to participate in the decision-making Life Skills Education (LSE) session.



The Karattupatty children collective members enjoyed the icebreaker session





The children were excited and happy while participating in the icebreaker activity, which helped them feel more comfortable and energized



Community Volunteer, Ms. Josephine, conducted a Life Skills Education (LSE) session on Emotional Management for the children in Bommampatty



The children thoroughly enjoyed the icebreaker session, which created a lively and welcoming atmosphere

Please contact DKSHA Cornerstone, we would LOVE to hear from you!

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