July- September, 2026 Volume.44

DKSHA

Deva Kirubai Social Help Association

"Let Your Light Shine"

Expressions

From the Desk of the Founder & Chief Functionary Officer:

Dear Partners, Friends and Supporters,

Greetings from DKSHA - India!

The July2026 –September 2026quarter has been a meaningful period for DKSHA, with continued efforts to support vulnerable children, families, and communities across our two Gram Panchayats.

During this quarter, we strengthened our work through family follow-up visits, educational support, counselling sessions, life skills education, awareness programmes, and coordination with government departments and community stakeholders. We also worked closely with Child Care Institutions (CCIs) to improve case management, family reintegration, and support for children's well-being and future development.

A key focus was encouraging children to understand their rights, express their concerns, and participate in community development through Children's Collectives and Children's Parliament initiatives. Through Participatory Rural Appraisal (PRA) and resource mapping, children identified important village-level challenges, including poor sanitation, lack of basic facilities, substance abuse, and school dropouts. These activities encouraged children to think about practical solutions and take an active role in bringing positive change to their communities.

We also continued supporting young people in their education and career development while engaging parents in discussions on mental health, positive parenting, and healthy family relationships. Our collaboration with government departments, schools, community leaders, and other stakeholders remains essential in addressing the needs of vulnerable children and families.

A Special Note on International Friendship and Collaboration

During this period, our Founder and Honorary Director, Mr. Isaac Arulappan, visited Europe, where he had opportunities to meet pupils, teachers, and parents at Emil-Fischer-Gymnasium in Germany, as well as friends, well-wishers, and supporters in Belgium,Italy and in The Netherlands. These personal interactions provided valuable opportunities to share experiences, exchange ideas, and strengthen relationships built on a common commitment to children's education, well-being, and a better future for all.

The visit also reaffirmed the importance of international friendship, mutual understanding, and solidarity in advancing community development. We are grateful to everyone who welcomed Isaac, shared their time and experiences, and continued to show interest in DKSHA's work and the lives of the children and families we serve.

I sincerely thank our dedicated team members, government officials, community representatives, parents, educational institutions, friends, well-wishers, and all our partners for their continued support and cooperation.

Together, we will continue working towards creating safer, healthier, and more supportive communities where every child is protected, every family is empowered, and every young person has the opportunity to learn, grow, and achieve their full potential.

With gratitude and warm regards,
Isaac Arulappan
Founder & Honorary Director
Deva Kirubai Social Help Association (DKSHA)

ACTIVITIES JULY - SEPTEMBER 2026

Activities Summary

During this quarter, DKSHA continued its efforts to protect vulnerable children, strengthen families, promote mental well-being, and empower communities through education, counselling, awareness programmes, and community participation.

OUR IMPACT AT A GLANCE:

- 18 – Vulnerable families visited for follow-up and support.
- 10 – F-BAC family follow-up visits conducted to monitor children's well-being and assess family needs.
- 1 – Group counselling session organised for F-BAC parents and children, along with two Gram Panchayat families.
- 11 – Mentoring visits conducted in Child Care Institutions.
- 25 – Staff members trained from 13 Child Care Institutions.
- 179 – Child and adolescent programme participations recorded across three awareness activities.
- 49 – Participants attended the savings and HIV/AIDS awareness programme.
- 2 – Gram Panchayats engaged through community activities and stakeholder coordination.

KEY ACTIVITIES:

1. Child and Family Support - Conducted vulnerable family visits and F-BAC follow-ups to understand family needs, monitor children's well-being, and plan suitable support, including educational assistance and government welfare scheme linkages.

2. Education and Career Development - Followed up on students' academic progress and supported scholarship assistance, higher education, internships, and career planning.

3. Mental Health and Counselling - Organised a group counselling session on August 23, facilitated by psychologist Dr. Randeep Raj Kumar. The session encouraged open communication between parents and children, improved mutual understanding, and promoted positive family relationships and mental health awareness. Further sessions are planned every two months.

4. Child Protection and Awareness - Conducted awareness programmes on child safety, Good Touch and Bad Touch, substance abuse, mobile phone addiction, adolescent well-being, healthy relationships, and decision-making.

5. Children's Collectives and Children's Parliament - Engaged children in village resource mapping to identify available resources and community challenges. Encouraged children to express their concerns, develop leadership skills, and participate in community-level decision-making.

6. Child Care Institution Support - Conducted mentoring visits and capacity-building training to strengthen counselling, case management, family follow-up, and reintegration planning for children in Child Care Institutions.

7. School and Community Engagement - Visited schools and Anganwadi Centres to identify children's needs and challenges. Participated in Gram Sabha meetings and engaged with teachers, parents, community leaders, and other stakeholders.

8. Government and Stakeholder Coordination - Coordinated with government departments and community stakeholders to explore collaborative programmes supporting vulnerable children, families, and women.

OUR COMMITMENT:

Protecting Children • Strengthening Families • Empowering Communities

Family-Based Alternative Care (F-BAC) Follow-up Visits



Regular follow-up calls were made to children requiring counselling support, college students to monitor their academic performance and semester examinations, and parents to assess their health, livelihood, and overall family well-being.

During this quarter, 10 children's families were visited to assess their well-being and provide necessary support. Workplace and institutional visits were also attempted for two youth beneficiaries to monitor their progress and provide follow-up support.

Regular follow-up helped the team monitor children's emotional well-being, students' academic progress, and families' health and livelihood situations.

Education Follow-up Visits



Regular follow-ups were conducted with F-BAC children to monitor their academic progress. School and college visits were attempted to understand their educational performance and provide necessary support.

P. Maria Bastion, pursuing M.Com. (2nd year), received a Jesuit Scholarship from his college management. His semester fee of ₹13,600 was reduced by ₹4,760, and the remaining ₹8,840 was covered through the project budget.

S. Dharani completed her B.E. in Computer Science and Engineering at MIET College of Engineering & Technology with 90% marks. She is currently undergoing an internship at Rajashree Systems Pvt. Ltd., Chennai, and aims to build her career in the IT sector.

Regular follow-ups helped monitor children's academic progress.

Trainings & Meetings



This month, our Programme Officer, Ms. Isabella, attended the Core Training for Case Workers on Strengthening Families and F-BAC, organised by Miracle Foundation in Kanyakumari. She also facilitated a session on Family Strengthening, highlighting its importance in preparing children and families for the F-BAC programme.

The training strengthened knowledge of family strengthening and its role in preparing children and families for successful reintegration and family-based care.

Group Counselling Session for F-BAC families and Vulnerable families



On August 23, DKSHA organised a group counselling session for F-BAC parents and their children, along with two families from the Gram Panchayats. The session was facilitated by psychologist Dr. Randeep Raj Kumar.

The session focused on interactive discussions about daily life, family relationships, and communication between parents and children. It encouraged participants to share their experiences openly, understand each other's feelings, and address social stigmas related to family and mental well-being. The sessions will continue once every two months to strengthen family relationships and promote emotional well-being.

The session encouraged open communication between parents and children, improved mutual understanding, and created a supportive space to discuss family challenges. Regular sessions will help strengthen family relationships and promote mental health awareness.

Mentoring Visits to All Child Care Institutions in Trichy District



Case Worker - Transition visits all CCIs in Trichy District

The Programme Officer and Transition Case Worker conducted mentoring visits to four Child Care Institutions (CCIs) in Trichy District: Sri Lalitha Mahila Samajam CCI, Rebekah CCI, Holy Family Hansenorium CCI, and Alhudha CCI.

A total of 11 case worker-level mentoring visits were completed across the CCIs from September 18 to 26. The sessions focused on follow-up for reintegrated children through G-sheets, updates on ICP Parts C and D, the importance of pre- and post-family visits, preparation of children for reintegration through family strengthening and scheme linkages, career counselling follow-up, and case management from intake to case closure. Regular updates were shared with the District Child Protection Unit (DCPU) and the Child Welfare Committee (CWC).

The mentoring visits strengthened case workers' understanding of case management, reintegration follow-up, family visits, and career planning. They also supported better preparation of children for family reintegration and improved coordination with the concerned departments.

Capacity Building Session for All CCI staff in Trichy District



- This month, DKSHA organised a capacity-building training in collaboration with the District Child Protection Unit (DCPU), Trichy, with support from Miracle Foundation India. The training was conducted for CCI superintendents and counsellors on effective counselling skills and life skills education.
- The sessions were facilitated by Fr. R. Esaac, former Principal and Associate Professor at Anugraha College, Dindigul, and Ms. Gayathri, Life Skills Trainer and Gender Labour Consultant, Trichy. A total of 25 staff members from 13 CCIs participated in the training.

The training enhanced participants' understanding of effective counselling techniques and life skills education, helping them better support children's emotional well-being and overall development in CCIs.

Working Committee Meetings with DCPU, CWC & State MOU CCI's @ Trichy





- A Working Committee Meeting was organised with the support of the DCPU and CWC to review the progress of Family Strengthening (FS), Family-Based Alternative Care (F-BAC), transition mentoring visits, prevention activities, and Mental Health and Psychosocial Support (MH & PSS) initiatives.
- DKSHA shared its July 2026 programme updates and achievements. The meeting also focused on identifying service gaps and strengthening coordination with government departments, including DSWO, DEO, and PD Mahalir Thittam.
- The DCPU informed that the required official letter would be issued by the DCPO. Support from the District Collector could be sought if approval-related issues arise.
- DKSHA proposed conducting school awareness programmes in Manapparai Block. The DCPU assured support in facilitating coordination between NGOs and schools.

The meeting strengthened coordination with government departments and helped identify follow-up actions. The DCPU's support will help DKSHA conduct school awareness programmes and improve children's protection and well-being.

Program Visit by Miracle Foundation





Board Visit Preparation: During this month, Associate Director, Program South MFI, Mr. Valavan, visited DKSHA to review and support preparations for the upcoming Board visit.

Miracle Foundation Team Programme Visit: During this month, Miracle Foundation representatives Ms. Yamuna Menon, State Head – Tamil Nadu & Kerala; Mr. Valavan, Associate Director, Program South MFI; and Mr. Ashok Chaturvedi, Finance Manager, Delhi, visited DKSHA to review the programmes planned for the 2026–2027 financial year.

The visits helped review programme preparations and activities, provide guidance, and support the effective implementation of DKSHA's programmes for the 2026–2027 financial year.

Gatekeeping Children Follow-up Visit









- Eighteen children are under regular follow-up, and their case status is updated in the Google Sheet. During this quarter, the Case Worker, Transition Worker, and Outreach Worker conducted in-person visits to seven gatekeeping children and provided guidance based on their family needs.
- The support included referrals for free mental health services at Trichy Government Hospital, government scheme linkages, mental health counselling, and career guidance. The remaining children will be visited in person in the coming months.

The family visits helped identify children's needs and provide appropriate guidance and support. Referrals to mental health services and government schemes helped families access relevant services. Regular follow-up will continue to monitor the children's well-being and ensure timely support.

Stakeholders Meet



During this month, DKSHA organised an introductory meeting with stakeholders from two Gram Panchayats to present its programmes and discuss challenges in implementation. Six village leaders and representatives participated in the meeting. Ms. Isabella, Programme Officer, explained DKSHA's ongoing activities and upcoming plans. The village leaders shared suggestions for improving programme implementation and agreed to introduce these initiatives during their village meetings. Similar meetings with other villages are planned for the coming months.

The meeting improved stakeholders' understanding of DKSHA's programmes and encouraged their participation in community activities. The village leaders' support will help strengthen community involvement and programme implementation.

Community Intervention Programs



During this month, DKSHA organised an awareness meeting with the support of Field Animator Ms. Radha for EDP and former project beneficiaries. The session focused on the importance of savings. An HIV/AIDS awareness session was also conducted to improve participants' knowledge of prevention, early detection, and healthy practices. A total of 49 participants (12 men and 37 women) attended the programme.

The programme improved participants' awareness of savings and financial planning, as well as HIV/AIDS prevention and healthy practices.

Awareness Campaign Programs for Children in 2 GPs













As part of the Prevention Programme, DKSHA organised awareness campaigns for children from Malaiyadipatti and Vengaikurichi Gram Panchayats, focusing on their age-specific needs.

19.07.2026 – Awareness Campaign for Children (6–13 Years)

The campaign was conducted at Anbagam Hall, Manjampatti, with 71 children (28 girls and 43 boys). The session was facilitated by Fr. Velankanni, PGDC, MSW, Children's Trainer, Dindigul. Topics included child protection, Good Touch and Bad Touch, substance abuse prevention, and mobile phone addiction. The session also introduced Children's Parliament through interactive activities.

26.07.2026 – Awareness Campaign for Adolescents (13–16 Years)

The campaign was held at St. Thomas Hall, Malaiyadipatti, with 53 participants (35 girls and 18 boys). Rev. Dr. Fr. Isaac, Former Principal, Associate Professor, and Research Guide at Anugraha College, Dindigul, facilitated the session. Topics included emotional intelligence, peer pressure, adolescent changes, mental health, healthy relationships, and decision-making.

16.08.2026 – Children's Parliament Follow-up Session

A follow-up session on Children's Parliament was conducted at Anbagam Hall, Manjampatti, with 55 children (38 boys and 17 girls) aged 6–13 years. The session was facilitated by Fr. Velankanni, PGDC, MSW, Children's Trainer, Dindigul.

The children discussed the qualities of a good leader and learned to select leaders based on their skills and abilities rather than popularity or influence. Leaders were then selected for groups formed according to their villages.

The campaigns improved children's awareness of child protection, personal safety, emotional well-being, and positive decision-making. The Children's Parliament session encouraged leadership, teamwork, and active participation among children.

Children's Parliament Formation Meetings for Children in Malaiyadipatti Panchayat



- During this month, DKSHA's Prevention Case Worker and Outreach Worker conducted Children's Collective meetings and Children's Parliament activities in Thulukkampatti, Malaiyadipatti, and Malaithathampatti villages under Malaiyadipatti Panchayat.
- The team also met the parents of Children's Parliament members to introduce DKSHA's activities and upcoming events and to encourage their support and participation.
- As part of these initiatives, the team conducted a Participatory Rural Appraisal (PRA) activity through resource mapping. The aim was to help children identify the resources available in their villages and understand the major issues affecting their communities. The children actively participated and identified several concerns, including:
- Lack of streetlights and poor hygiene.
- Drug addiction among adults and youth.
- Lack of household and public toilet facilities.
- Inadequate school facilities.
- Shortage of water resources and limited bus facilities.
- Lack of awareness about education and school dropouts.
- The children also identified differences in the availability of resources across their villages. The team encouraged them to take an active role in addressing these issues and motivated them to present the identified village concerns through drama, dance, or drawing as part of a Children's Day programme.

The activities encouraged children's participation, teamwork, and awareness of community issues. Through resource mapping, children identified available resources and key vulnerabilities in their villages. The initiative also encouraged parents to support children's participation and motivated children to express community concerns creatively through the upcoming Children's Day programme.

Life Skill Education Training for Children in Vengaikurichi Panchayat











- During this month, Community Volunteer Ms. Josephine regularly conducted weekend Life Skills Education (LSE) sessions in Marachirediyapatty, Vengaikurichi, Arunampatty, and Pungambadi villages of Vengaikurichi Panchayat. DKSHA's Prevention Case Worker also joined her to monitor the sessions and follow up with participating children.
- Ms. Josephine also conducted children's collective activities in eight villages of Vengaikurichi Panchayat. In addition, she carried out resource mapping in Bommampatty, Marachireddiyapatty, Vengaikurichi, and Arunampatty to identify available village resources and local issues.

The LSE sessions supported children's life skills development and positive behaviour. Children's collective activities encouraged group participation, while resource mapping helped identify available resources and community needs for future programme planning.

Vulnerable Families Follow-up Visit









During this month, the Case Worker and Prevention and Outreach Worker visited 18 vulnerable families across the villages of Malaiyadipatti, Avarampatti, Thulukkampatti, Karattupatti, V. Pudur, Mullippadi, Marachirediyapatti, and Melamanjampatti.

During one visit to a vulnerable family in V. Pudur, under Vengaikurichi Panchayat, the team identified a family of five members, including three children. The parents are separated, and the family is living in a damaged hut without basic facilities. The middle son had discontinued his studies and was working at a chicken shop in Manapparai. The team prioritised supporting the boy to continue his education and planned to link the family with relevant government social security schemes based on their needs.

The visits aimed to understand each family's current situation, identify their needs, and provide appropriate guidance and support. Families were also guided on accessing relevant government schemes and other available assistance. Follow-up visits to the remaining families are planned for the upcoming month.

The visits helped the team identify vulnerable families, understand their challenges, and plan suitable interventions. The team identified the need to support the boy's education and explore social security schemes for his family. Continued follow-up will help connect families with appropriate services and support based on their needs.

Participation in Gram Sabha Meeting











During this month, the DKSHA programme team participated in Gram Sabha meetings held in Malaiyadipatti and Vengaikurichi Gram Panchayats.

In Malaiyadipatti Panchayat, DKSHA CFO Mr. Isaac, Programme Officer Ms. Isabella, the Transition Case Worker, and the Prevention Case Worker participated in the meeting. The team shared information about DKSHA's activities completed in both Gram Panchayats during the previous and current financial years, including children's awareness programmes and youth and women's programmes. They also presented plans for the upcoming financial year and shared updates on children's collectives, Children's Parliament initiatives, and upcoming events.

Children's Parliament members from Malaiyadipatty and Thulukampatty also participated in the Gram Sabha. A Children's Parliament member from Avarampatty submitted a petition requesting the renovation of the village bus stop.

In Vengaikurichi Panchayat, the DKSHA Outreach Worker participated in the Gram Sabha as an observer to understand the purpose and proceedings of the meeting. The team also shared information about the activities completed during the previous year and the follow-up activities planned for the current financial year.

The participation helped increase awareness of DKSHA's activities among local stakeholders and provided an opportunity for children to participate in community-level decision-making. It also helped the team understand the Gram Sabha process and identify opportunities for future community engagement.

Community visit & Government Department Engagement

During this month, DKSHA CFO Mr. Isaac and Programme Officer Ms. Isabella visited the District Social Welfare Office (DSWO) and the Programme Director of Mahalir Thittam at the Collectorate to submit request letters seeking collaboration for joint activities with these departments. However, due to a sudden change in plans, the planned visits could not be completed. The team will continue to follow up on this initiative with the support of the DCPU.

The team also met Ms. Lakshmi, Block Mission Manager, at the Union Office and the Project Officer of Mahalir Thittam at the Collectorate to seek support for conducting Parenting Skills Training-cum-IGP Training for SHG members and vulnerable families in the two Gram Panchayats. As the required guidance and approval were not received, the Livelihood In-charge advised the team to meet the Programme Director and explain DKSHA's objectives.

The initiative helped establish initial contact with the concerned government departments and identify the next steps for collaboration. Further follow-up will be carried out with DCPU support to obtain the necessary guidance and approval.

The Prevention and Outreach Case Workers visited four schools (one middle school and three primary schools) and three Anganwadi Centres in Vengaikurichi Panchayat to identify vulnerable children and understand the needs of children, parents, and the community.

The team discussed children's needs and challenges with teachers and Headmasters and shared information about DKSHA's programmes in the two Gram Panchayats. Challenges in involving all children in common activities were also discussed.

One Headmaster requested spoken English and Life Skills Education classes for children. Another Headmaster shared concerns about a child's health and water facilities on the school campus and highlighted the need for a compound wall to improve school safety. An Anganwadi teacher raised concerns about consanguineous marriages in the village and children experiencing mental health challenges.

In Malaiyadipatti Panchayat, the Transition and Prevention Case Workers visited seven schools (two high schools and five primary schools) and four Anganwadi Centres. Discussions with teachers and stakeholders highlighted concerns such as children imitating negative parental behaviours, abusive language at home, anger management, peer influence, limited parental involvement in education, and a lack of positive parenting practices. A Headmaster requested DKSHA's support in conducting Life Skills Education and Value Education sessions for children and parents.

Official approval from the concerned education department is required to conduct these school-based programmes.

The visits helped identify key issues affecting children's behaviour, education, and family relationships. They also highlighted the need for life skills education, positive parenting awareness, and better coordination with schools and the education department to conduct awareness programmes.

Over the past three months, our collective efforts have created meaningful change across communities. Through our focused interventions in child protection, education, youth empowerment, and family strengthening, we have been able to support children, youth, and vulnerable families in building safer and more secure futures.

Our programs have strengthened parenting practices, enhanced children's emotional well-being, empowered youth with life skills, and improved access to essential services and government schemes. These efforts reflect our commitment to holistic development and sustainable impact.



CONNECT WITH US

For partnerships, support, or volunteering opportunities, feel free to reach out:

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