

DKSHA

Deva Kirubai Social Help Association

“Let Your Light Shine”

Expressions



This quarter has been a journey of growth, resilience, and transformation. Every activity we conducted, every life we touched, and every smile we witnessed reinforces our commitment to building a brighter, more inclusive future.

We believe that nurturing minds today shapes the leaders of tomorrow—and together, we are making that vision a reality.

Founder Message:

Dear DKSHA Cornerstone Sponsors, Friends, and Well-wishers,
Greetings and warm New Year 2026 wishes to each of you from all of us at DKSHA.

I am delighted to connect with you through this latest edition of our quarterly newsletter, "Expressions." Within these pages, we share a glimpse of the diverse programs and impactful projects we have brought to life. These milestones were made possible through the unwavering dedication of our staff team and the expertise of our resource persons.

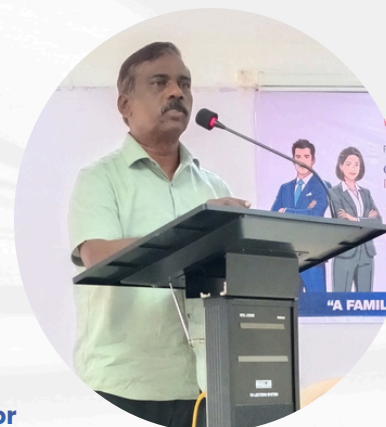
Most of our recent initiatives have been thoughtfully designed to empower:

- Children in Child Care Institutions across the Tiruchirappalli District.
- Children, youth, and adults within 17 village communities across our pilot project areas in the Malaiyadipatty and Vengaikurichy Gram Panchayats.

Looking ahead to the new fiscal year beginning in April 2026, we are thrilled to announce a transformative chapter for the DKSHA Cornerstone Care Collective Centre. We are launching the Family Resource Centre (FRC) program—a flagship initiative that involves a comprehensive redesign of our campus, infrastructure, and facilities to better serve our community's evolving needs.

Thank you for being the cornerstone of our mission.

With gratitude,
Mr. Isaac
Founder & Honorary Director



ACTIVITIES JANUARY - MARCH 2026

Activities Summary:

All the activities were implemented under our core program areas:

- **Family-Based Alternative Care,**
- **Transition,**
- **Prevention,**
- **Gatekeeping,**
- **Community Intervention Programs.**

Through these structured interventions, we focused on ensuring the safety, well-being, and holistic development of children, youth, and families, while strengthening community-based support systems. Each initiative is aligned with our organizational goal of Help – Care – Build Up, all our efforts are directed towards creating a safe, supportive, and empowering environment where individuals can grow with dignity and confidence.

DKSHA Family Pongal Celebration



On 17th January, we celebrated the Tamil harvest festival at DKSHA with great joy and enthusiasm. The event brought together our Family-Based Alternative Care (F-BAC) children, alumni, and their families from Trichy and Dindigul, along with vulnerable families from Malaiyadipatti and Vengaikurichi Panchayats, and children from the two Gram Panchayats.

The celebration featured a variety of traditional games and fun-filled activities, creating a vibrant and inclusive atmosphere for all participants. At the end of the day, prizes were distributed to the winners, making the occasion both memorable and rewarding for everyone involved.

Family-Based Alternative Care (F-BAC) Follow-up Visits



During this reporting period, DKSHA carried out 30 follow-up visits to F-BAC children and their families, ensuring continued support and monitoring of their overall well-being. In addition, on 22nd February, a Google Meet session was conducted for F-BAC students of 10th, 11th, and 12th standards, focusing on motivation and exam preparation to enhance their academic performance.

Strengthened stakeholders' capacity to identify, prevent, and respond to child protection issues effectively.

Awareness Programs for Children



On 26th January, based on the findings from the situation analysis survey, DKSHA organized an awareness program on mobile addiction and substance abuse for children in **Malaiyadipatti St. Thomas Hall**, with the support of Stakeholders. The session was facilitated by resource persons Fr. Isaac and Fr. Velankanni from Anugraha College. A total of **104 children actively participated** and benefited from the program.

Following that, on **1st March**, DKSHA organized an awareness program on mobile addiction and substance abuse for children in **Vengai kurichi Panchayat**. The session was facilitated by Fr. Velankanni from Anugraha College, Dindigul, with active participation from around **64 children**.

Through these initiatives, we aim to empower children to make informed choices and promote responsible behavior to reduce the risks of mobile addiction and substance abuse.

Youth Empowerment Programs



On 18th and 25th January, DKSHA organized a series of Youth Empowerment Programs on Personality Development and Leadership Skills for youth across multiple villages. The sessions were facilitated by Fr. Isaac from Anugraha College, engaging **25 youth from Marachirediyapatty**, **27 youth from Malaiyadipatti Panchayat** (Malaiyadipatti, Thulukampatti, and Malaithathampatti), and an additional **30 youth from Avarampatti & Pudur village**. These programs focused on enhancing confidence, leadership abilities, and personal development among the participants.

Following that, on 1st March, DKSHA organized a Youth Empowerment Program on Personality Development, goal-oriented growth, and responsibility. The session was facilitated by motivational speaker Mr. Dinesh Kumar from Trichy, with active participation from around **27 youth from Villages under Vengaikurichi Panchayat**.

These initiatives empowered youth with confidence, leadership skills, and a goal-oriented mindset to become responsible and proactive members of their communities.

Career Guidance Programs – In 2 GPs (2 Gram Panchayaths)



On 8th and 16th February, DKSHA organized Career Guidance Programs for students from 9th to 12th standard in Malaiyadipatti and Vengaikurichi Panchayats. The sessions were conducted with the support of resource persons from YUGA Welfare Society, engaging 63 and 68 students respectively. The program aimed to provide clarity on career options, educational pathways, and future opportunities for the participating students.

The program enabled students to gain clarity on career pathways, empowering them to make informed decisions about their future.

Career Guidance Program – For All CCI Children in Trichy Dist



On 1st February, DKSHA organized a Career Guidance Program in Collaboration with DCPU & CWC, Trichy for children from 9th to 12th standard in Child Care Institutions (CCIs) across Trichy District, with the support of Miracle Foundation. The session was facilitated by resource persons from YUGA Welfare Society, engaging 225 children and 35 staff members from 12 CCIs. The program provided valuable insights into various academic streams and career opportunities, while addressing students' queries. It also encouraged follow-up support by CCI educators and counsellors to guide children in choosing appropriate career pathways.

By equipping children with knowledge and guidance, the program supported their journey towards choosing suitable and meaningful career paths.

Women's Day Celebration Cum Parenting Skill Training



On 8th and 13th March, DKSHA organized Parental Skill Training for SHG women from Malaiyadipatti and Vengaikurichi Panchayats. The sessions were facilitated by Mr. Randeep Raj Kumar, Psychologist, and Ms. Gayathri, Life Skills Trainer. A total of 37 women participated in the Malaiyadipatti session, and 72 women participated in the Vengaikurich Panchayat. All the women are actively engaged in discussions on positive parenting practices and managing children's emotional and behavioral challenges. The sessions enhanced participants' understanding of effective parenting styles and strengthened their capacity to support their children's well-being.

The program empowered women with positive parenting techniques, improving family relationships and child care practices.

Parenting Skill Trainings – CCI level



During January and February 2026, DKSHA conducted multiple **Parenting Skill Training** sessions across various **Child Care Institutions (CCIs)** in **Trichy District**, including Rebekah CCI, Sri Lalitha Mahila Samajam, Krishna Integrated CCI, Paavai Foundation, Holy Family Hansenorium, Hope Worldwide CCI, Karunai Karangal CCI, and Vidivelling CCI, etc. The sessions were facilitated by the Psychologists, Psychiatrists, Life Skill Trainers, and Professors.

The training focused on positive parenting techniques, age-appropriate child handling, adolescent behavior management, mental health awareness, and strengthening family relationships. Special emphasis was given to family-based alternative care and promoting non-institutional care, enabling parents and legal guardians to better support the holistic development of children.

Strengthened caregivers' ability to provide positive, age-appropriate care and support children's overall development

Group Counselling Session for Children in CCIs





DKSHA Organized **Group Counselling sessions for children in CCIs**, including Annai Sathya Ammaiyaar, Annai Ashram, Nagammaiyar CCI, Hope Worldwide CCI, and others. These sessions were led by trained professionals, Life Skills Trainers, Psychologists, and Counsellors.

The counselling sessions addressed key topics including adolescent behavioral changes, peer influence, importance of education, menstrual hygiene, child safety (good and bad touch), emotional well-being, nutrition, and family bonding. Children were engaged through interactive discussions, age-wise grouping, and participatory activities, helping them better understand and manage their emotions and developmental challenges.

Strengthened children's ability to understand and manage their emotions and behavior.

Library books Distributed to all CCI's in Trichy



Library books were distributed to all CCIs in Trichy District, with a total of 12 different English-language titles provided to support children's reading habits and learning.

Promoted reading habits and enhanced learning opportunities for children through access to educational resources.

Mentoring Visits to All Child Care Institutions in Trichy District



From 21st to 28th January, DKSHA completed follow-up and mentoring visits across 12 Child Care Institutions (CCIs). Through mentoring visits, strengthen the quality of care and support provided to children by ensuring effective reintegration, enhancing family-based care, improving coordination among stakeholders, and building the capacity of CCI staff through guidance, monitoring, and follow-up.

To build the capacity of CCI staff and ensure holistic support for children's development and well-being.

Joint Family Visits with Staff in CCI



DKSHA conducted joint family visits for children in the reintegration planning stage, in collaboration with CCI staff (case workers/counsellors), to ensure a safe transition into family-based alternative care. These visits focused on assessing the strengths, challenges, and overall family environment. A total of 11 visits were carried out across 6 CCIs in Trichy: Annai Sathya CCI, Nagammaiyar CCI, Annai Ashram CCI, Hope Worldwide CCI, Lalitha Mahila Samajam CCI, and Rebekah CCI.

Ensured safe and informed reintegration by assessing family readiness and support systems. To strengthen reintegration outcomes through a better understanding of family strengths and challenges.

Working Committee Meetings with DCPU, CWC & State MOU CCI's @ Trichy



On 18th February and 30th March, DKSHA organized Working Committee Meetings in Trichy District in coordination with the DCPU and CWC teams. With the presence of DCPU and CWC representatives, along with Ms. Revathi (DPM - MF), and selected CCIs actively involved in mentoring and reintegration processes. Discussions focused on the identification of vulnerable families, planned interventions, and feedback sharing on group counselling, parenting skill training, and career guidance programs. Ms. Sandhiya, in charge of DCPU, shared valuable insights and provided suggestions on DKSHA's Transition, Prevention, and Gatekeeping activities.

On March 30th, a Working Committee meeting was conducted with the PO/NIC and DCPU Social Worker. During the session, DKSHA presented an overview of its 2025–2026 activities, including transition programs such as group counselling, parenting skill training, career guidance, monitoring and evaluation (M&E), reintegration follow-ups, and joint family visits. Discussions also covered Prevention and Gatekeeping initiatives, including children's awareness programs, youth empowerment workshops, SHG parenting training, career fairs, and interventions for vulnerable families. Key challenges, particularly related to data collection from CCIs, were also addressed.

Strengthened coordination and collaboration among stakeholders to enhance child protection, reintegration, and community-based interventions. Improved program implementation through joint review, feedback, and strategic planning with key stakeholders.

Gatekeeping Children Followup Visits



DKSHA initiated the process of collecting data on gatekeeping children through CWC. On 2nd March, our team visited two identified children in Trichy who had dropped out of school. Counselling and motivation were provided to encourage the children to continue their education, while parents were guided through parenting support. Regular follow-up with these families is being maintained to ensure sustained progress.

Supported school re-engagement and strengthened family support for at-risk children through targeted intervention and follow-up.

DKSHA Staff Visiting Vulnerable Families



Based on the Situation Analysis data, DKSHA conducted vulnerable family visits to assess the needs, challenges, and living conditions of families, enabling targeted interventions and appropriate support.

Enabled need-based interventions by identifying key challenges faced by vulnerable families.

Intervention Support for the Vulnerable Families



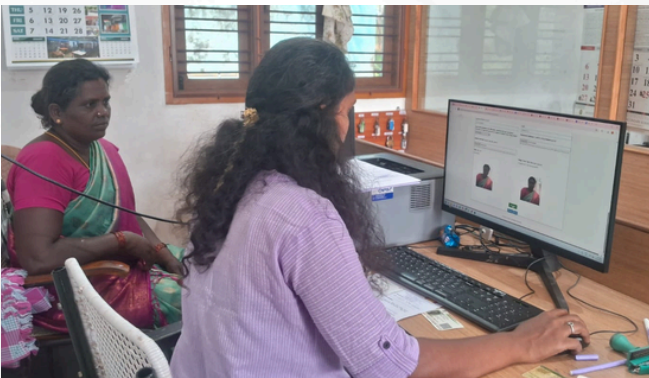


Based on the situational analysis survey, intervention support was provided to identified vulnerable families according to their specific needs. A total of 6 families received grocery and nutrition support for the initial 2 months, while 2 families were supported for 6 months. In addition, 4 children were provided educational assistance for school fees and vocational courses to support their continued learning and development.

Livelihood support was provided to vulnerable families in Malaiyadiatti Panchayat to strengthen their economic stability. Two families received goat-based livelihood support, one family was supported with toilet construction, and another family was approved for tailoring machine support to enhance their income generation opportunities.

Strengthened family self-reliance through livelihood support and improved income-generating opportunities.

Government Scheme (Unorganized Welfare Board) Linkage support for the Vulnerable Families



A total of 9 vulnerable families were supported through linkage with the Unorganized Welfare Board schemes across 2 Gram Panchayats. An additional 2 families are currently in process, awaiting document approval. These efforts aimed to connect needy families with government welfare benefits and social security support.

The Unorganized Workers Welfare Board Scheme provides social security and financial support to workers in the informal sector, including health, education, and livelihood assistance.

Through this linkage, vulnerable families gain access to essential government benefits, improving their stability and well-being.

Enabled vulnerable families to access essential government benefits, improving their financial security and overall well-being.

Life Skill Education Trainings for Children



- In Vengaikurichi Panchayat, community volunteer Ms. Josphine conducted a series of sessions across multiple villages from January to March 2026. In January, sessions on creative thinking and self-awareness were conducted in villages, including Marachirediyapatty, Vengaikurichi, Vellapoolanpatty, Manjampatty, Idaiyapattianpatty, Andigoundampatty, Arunampatty, Pungampady, Vengaikurichi Pudur, and Bommampatty.
- In February, the sessions were continued with a focus on self-awareness and creative thinking across the same villages, strengthening participants' personal development and cognitive skills.
- In March, sessions on emotional handling and educational motivation were conducted in all the above-mentioned villages, aiming to support children and youth in managing emotions and encouraging continued education.

Improved self-awareness, creativity, and motivation for education among participants across villages.

Children's Parliament Formation Meetings





In this quarter, we facilitated Children’s Parliament formation and strengthening activities across villages in Malaiyadipatti Panchayat, including Thulukampatti, Malaithathampatti, Malaiyadipatti, Avarampatti, and Pudur. The sessions included orientation on the concept of Children’s Parliament, and its election processes, and leadership roles.

During this period, children actively participated in elections and were selected for various leadership positions such as Prime Minister, Home Minister, Finance Minister, Education Minister, Health Minister, External Welfare Minister, and other frontline roles, ensuring representation and responsibility among peers.

In addition, awareness sessions on menstrual hygiene and adolescent health were conducted alongside the activities to promote holistic development among children.

Promoted child participation and leadership by empowering children to take active roles in decision-making through the Children’s Parliament.

CSP (Child Safeguarding Policy)- Community Cadre Training for Parents @ Malaithathampatti



The CSP (Child Safeguarding Policy)- Community Cadre training, a Headmaster requested DKSHA to extend the training to School Management Committee (SMC) members in Malaithathampatty village. In response, DKSHA conducted a Child Safety and Protection (CSP) training on 5th March for SMC members and parents. The session covered key topics, including child rights, parenting styles, types and signs of child abuse, the four pillars of protection, and the role of stakeholders in ensuring child safety. Participants actively engaged in the session, reflecting strong community interest and involvement.

Enhanced knowledge and proactive involvement of parents and SMC members in child protection.

CSP (Child Safeguarding Policy)- Community Cadre Training for the Stakeholders



On 5th and 26th February, DKSHA organized Child Safety and Protection (CSP) trainings for stakeholders in Malaiyadipatti Panchayat. The Elementary-level training engaged 24 participants and focused on building foundational knowledge on child rights and protection. This was followed by a Comprehensive-level training for the same group, where 18 participants gained deeper insights into various forms of child abuse and the four pillars of child protection.

Strengthened stakeholders' capacity to identify, prevent, and respond to child protection issues effectively.

Stakeholders Consultation Meeting – to get Feed Backs of all project activities carried out by DKSHA



A stakeholder consultation meeting was conducted to present the annual report of DKSHA activities, highlighting key interventions, achievements, and learnings over the reporting period. The meeting provided a platform to discuss the implementation of programs across the two Gram Panchayats, focusing on areas such as child protection, education, family strengthening, and community development.

Stakeholders actively engaged in discussions, shared feedback, and provided valuable suggestions to improve the effectiveness of ongoing interventions. The session also emphasized strengthening collaboration, identifying gaps, and planning future strategies to enhance the overall impact of DKSHA's initiatives at the community level.

Strengthened stakeholder collaboration and improved program planning through shared insights and feedback.

Community Support – Distribution of Tailoring Machine for Rural Women Thanks to SULLE ORME DEI SERVI, Italy



The initiative focused on the distribution of tailoring machines to rural women, enabling them to start or expand income-generating activities. This effort aims to strengthen financial independence, encourage entrepreneurship, and improve the overall socio-economic status of beneficiaries.

To promote self-employment and skill utilization among women in rural communities, and to support sustainable livelihoods and reduce economic vulnerability.

Over the past three months, our collective efforts have created meaningful change across communities. Through our focused interventions in child protection, education, youth empowerment, and family strengthening, we have been able to support children, youth, and vulnerable families in building safer and more secure futures.

Our programs have strengthened parenting practices, enhanced children's emotional well-being, empowered youth with life skills, and improved access to essential services and government schemes. These efforts reflect our commitment to holistic development and sustainable impact.

Your support can help us reach more children and families in need:

Volunteer with us

Partner with us

Support our programs

CONNECT WITH US

For partnerships, support, or volunteering opportunities, feel free to reach out:

Email : isaacAtdksha@gmail.com

Phone : +91 9443255318

**Address : 8/1345, Mullippadi, Avarampatty (Post), Manapparai (Tk),
Trichy - 621307, Tamil Nadu, India.**

Website : <https://dksha.org/>